



## Allergy Alert

*Stuffy nose, watery eyes is a sure sign your allergies are acting up, but now there's new technology that's supposed to diagnose and treat allergic reactions all at once. Seven's Richard Lemus has this allergy alert.*

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WSVN -- No matter what time of year it is something is always blooming or growing in South Florida, and for some of us, all that beauty makes us down-right miserable.

Mark Har: "Stuffy nose, watery eyes."

Mark Hart has depended on weekly allergy shots and nasal spray for more than 10 years.

Mark Hart: "Sometimes it was just hit and miss. Sometimes it would work and sometimes it wouldn't work."

Wat has worked for him, is a new FDA approved machine called Allergenix. It's a machine that checks for allergies and treats them at the same time.

Dr. Darren Lastofsky: "What's great about this technology is it's not ongoing, it's not lifetime. Once you are scanned and checked, we find out what problems exist and those are what we address and you're done."

Here's how it works. First, the computer can actually find out what you are allergic to. It looks for 4,000 allergens anything from foods to plants.

Dr. Darren Lastofsky: "We hook two simple clips on to the fingers. The unit sends out various frequencies. All of these different allergens have had their frequencies matched and put into the computer. They send it out, watch for the bodies reaction and are able to tell if these imbalances exist."

Doctors say if there is an imbalance that's an allergy and then the laser will treat that imbalance.

Dr. Darren Lastofsky: "We are correcting that by creating a new positive reinforcement in the body's immune system and it's fixing it."

It usually takes only one treatment to get rid of your response to an allergen, but each allergy depending on how many you have has to be treated individually.

Dr. Darren Lastofsky: "So it could take two or three treatments to possibly 15 or 20 depending on the severity or the allergy symptoms you have."

Mark's finding out he's allergic to a lot of things, but he says the treatment is working.

Mark Hart: "Each time I come for a treatment I get to check off another thing I'm allergic to off my list."

And that's helping him get his life back.

Mark Hart: "I can breath again, I can see much better without my eyes watering up."

Richard Lemus: "Since this is considered alternative medicine, insurance does not pay for this treatment but it can often cost less than medications or weekly allergy shots."